

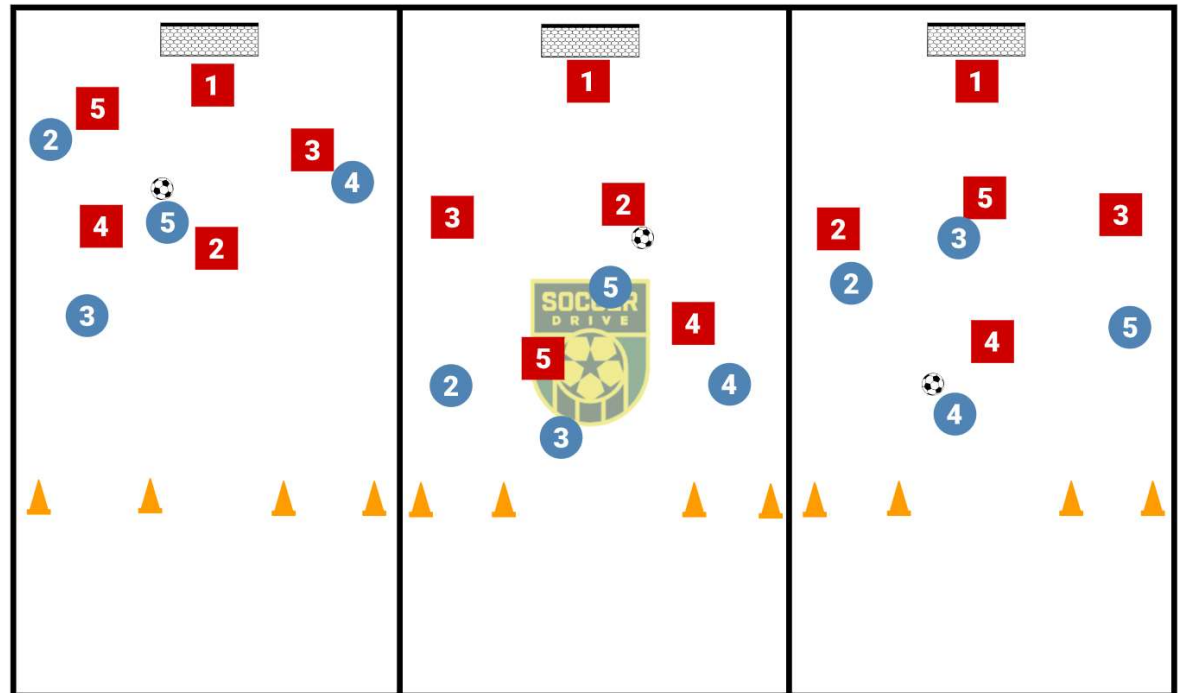
## Attack vs Defence:

### How to play:

- You will get a group of 3 schools. In their schools they need to split into a group of attackers and a group of defenders.
- They will play against one of the other schools in attack vs defence. You can change around who is attacking and defending at any point.
- With 3 areas set up they will play 3 different rounds. In between rounds sports leaders can go through the scaffolding questions
- The aim of the game is for the attacking team to score as many goals as possible. They must start by their small gates marked out by cones.
- If the defending team wins the ball, then they get a goal by dribbling the ball through one of the opposing teams' gates. Play for around 10 minutes and then rotate the attacking team to a different goal.

### Scaffolding Questions for Participants:

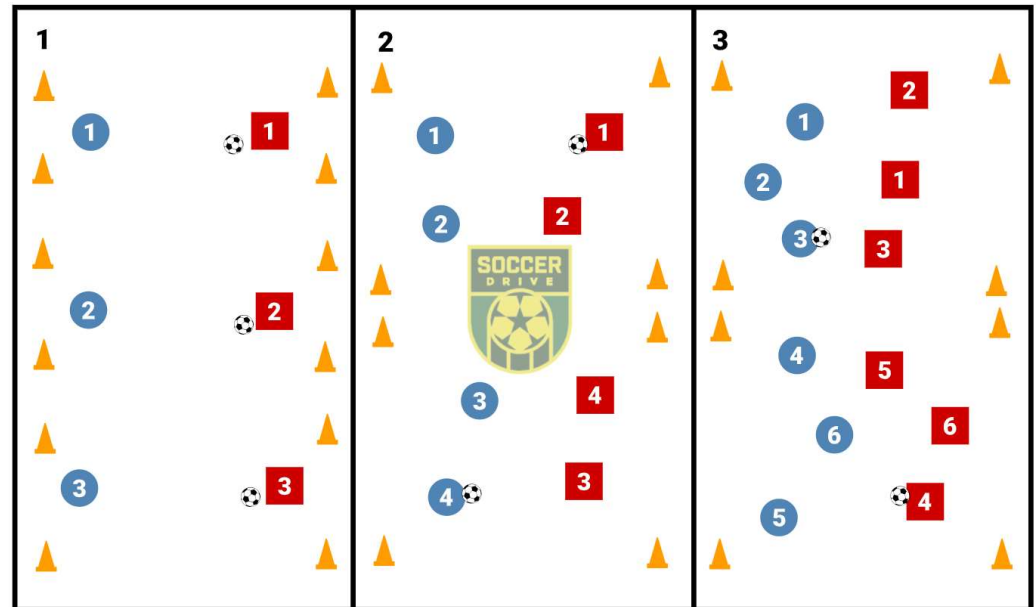
- How do you organise your team when defending?
- How do you organise your team when attacking?
- When you change from attack to defence or vice versa, how does that change your tactics?



## 1 vs 1 / 2 vs 2 / 3 vs 3:

### How to play:

- You will get a group of 3 schools. You will progress through the 3 versions of the game beginning with number 1. Play the activity against someone from another school but then once you get to 2 v 2 you can pair with someone from your school to play against a pair from another school.
- The aim of the game is to run with the ball over the opponent's line, marked by cones.
- Coned line should be set up prior to the start of the activity and kept the same throughout all versions of the game.
- Play for a minute and then switch opponents.
- After a couple of games of number one move to number 2.
- In between rounds and during round you can share scaffolding questions.



### Scaffolding Questions for Participants:

- Within a 1 v 1 when defending what are some of the decisions you must make?
- When attacking in a 2 v 2 what decisions does the player without to ball make?
- During a 3 vs 3 how should you position when attacking and defending?

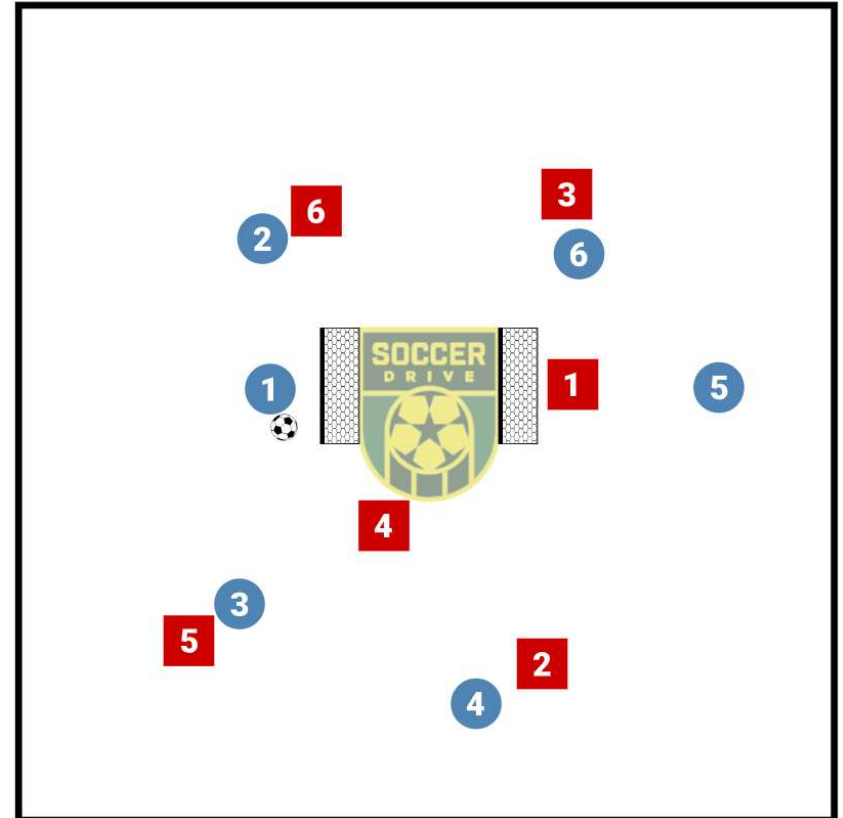
## Back to Back Goals

### How to play:

- You will get a group of 3 schools. 2 schools will be playing with 1 team off completing scaffolding questions below
- Goals are placed back to back on the pitch.
- Players play a normal game, scoring in the opposite goal to their keepers.
- Throw Ins/ Kick Ins as usual, so if the ball goes outside of the designated area then the opposing team plays from that byline.
- The play is continuous, for example if a player shoots wide, the ball can be kept in play on the other half.

### Scaffolding Questions for Participants:

- How does the pitch change your decisions when it comes to organising your team?
- What are your tactics for attacking and defending within this game?
- How can you change your tactics depending on if you're in a winning or losing position?



## Numbers Game

### How to play:

- You will get a group of 3 schools. 2 schools will be playing with 1 team off completing scaffolding questions below
- The teams need to assign a number to each player in each team. This will be 1-7
- The coach plays a ball into the middle of the area and calls out a number.
- Those players assigned to that number sprint onto the field and play till a player scores.
- If the ball goes out of play the ball returns to the referee who restarts play with a new number.
- As the game goes on the referee may call out more than 1 number.

### Scaffolding Questions for Participants:

- How can you work together effectively within this game?
- How do the games change tactically from 1 v 1, 2 v 2, 3 v 3?
- When new numbers are shouted how do your tactics change?

