

SHAPING FUTURE GENERATIONS

Sports Newsletter of Chesterfield and area

School Sport Partnership

Improving the lives of all young people in the area through their involvement in PE, school sport, physical activity and health-based interventions

ISSUE 1

SUMMER TERM EDITION 2019

Welcome to the first Physical Education and School Sport newsletter for schools in Chesterfield and North East Derbyshire, produced by the Chesterfield and Area School Sport Partnership, which will now be known as

SHAPE



- **SHAPE** has been **THE trusted provider** of PE and School Sport support in the Chesterfield area for nearly **15 years**. **No-one else has as much experience as us!**
- **SHAPE** is managed and staffed by **qualified teachers** with over **73 years'** experience of teaching and of working with and in schools.
- **SHAPE** has won national awards for its work with schools and in the community.
- **SHAPE** is the **ONLY official delivery agency** in the area for **School Games** (funded by the **Department for Education**) Only **SHAPE** can officially offer support with this initiative.

- **SHAPE** is the **ONLY official delivery agency** in the area for the **Bikeability** project (funded by the **Department of Transport**).
- **SHAPE** is one of only 7 approved partnerships across Derbyshire, the **official representative of both Chesterfield and North East Derbyshire schools** and works with the Government and Sport England supported Derbyshire-wide by the County Sports Partnership, **Active Derbyshire**.
- **SHAPE** is **THE** Lead Inclusion agency for school sport in Derbyshire as selected by the Youth Sport Trust.
- **SHAPE** provides support to **57 member schools** across both **Chesterfield and North East Derbyshire**.
- Due to its official networks, **SHAPE** currently attracts **significant external funding** which enables it to provide an extensive offer to its member schools at a highly subsidised rate. With your support we hope to be able to continue to do this.

WHAT IS SHAPE?

SHAPE (Sport, Health, Activity and Physical Education) is a new organisation whose members are the partner schools of the old Chesterfield and North East Derbyshire School Sport Partnerships.

SHAPE aims to work with its member schools to improve the lives of all young people in the area through their involvement in PE, school sport, physical activity and health-based interventions.

CURRICULUM PE:

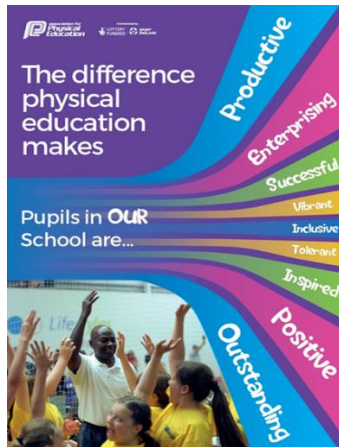
SHAPE knows that for many Primary Schools the delivery of the National Curriculum for PE is often a challenge as the

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coverage of PE in ITT for the Primary sector is often inadequate. However, the programmes of study must, by law, be taught by all local-authority-maintained schools in England unless there's a good reason not to.

SHAPE believes that the PE curriculum is best delivered by qualified teachers with their in-depth knowledge of the whole child, their families and the communities they serve. Only teaching staff in those schools can fully understand and best meet those complex issues.

SHAPE shares with AfPE (The Association for Physical Education) the belief that children need regular PE, School Sport and Physical Activity.



SHAPE aims to provide support and CPD to the all teachers within their member schools.

As **SHAPE** is staffed by PE professionals and experienced teachers, SHAPE can be reactive to educational policy changes, for example the new Healthy Schools guidance. https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/814914/Healthy_schools_rating_scheme.pdf

If, as a member school, you feel the need for specific CPD either for individual staff or as a whole school, please just ask. It can be arranged!

SCHOOL SPORT



School Sport is the **learning** that takes place beyond the curriculum but within a school setting. A good school sport programme **should develop and broaden the skills and**

values of the PE curriculum and should be consistent with the aims of the curriculum at each stage.

SHAPE understands that at **KS1** the focus is on **pupils developing their fundamental movement skills** and becoming increasingly competent and confident in their agility, balance and coordination. Yes, they should be able to engage in competitive and co-operative physical activities, in a range of increasingly challenging situations, but for infants the focus needs to be on basic movement skills so that age appropriate competition can follow later! All too often we see examples of young children playing adult sports with over enthusiastic coaches and parents shouting from the side-lines.



At **KS2** pupils should **continue to apply and develop a broader range of skills**, learn how to use them in different ways and learn how to link them to make actions and sequences of movement. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. They should enjoy communicating, collaborating and competing.

Competition is just one small element of a broad and balanced PE curriculum. Research in the **British Medical Journal** has found that **competition is not always appropriate for all pupils**. Pupils enjoy participation in PE and School Sport when they feel **competent, in control and supported by others**. Feeling competent depends on the choice of activity and on the pupils' perceived physical capabilities and aptitude.



Feeling **in control** relates to having a choice of activities, being able to set personal exertion levels and having control over clothes worn while taking part.

Schools can positively influence their pupils' enjoyment of PE and School Sport by understanding and supporting their **personal goals** and by promoting a non-threatening atmosphere between pupils as opposed to dictating and controlling what they do and for how long.

Recently, rising obesity levels and concerns over the fitness of children and young people has returned the focus of PE and School Sport to its potential as a vehicle for promoting health.

The BMJ suggest that schools can positively influence the PE experience of both boys and girls by providing more choice of activities and letting pupils make their own decisions based on their personal needs.

SHAPE believes that **teachers are best placed to meet this agenda** with key guidance from **SHAPE** through CPD and specialist support in addition to age appropriate festivals and activities and, only where appropriate, competition.

It is worth noting that of the 5 key indicators for the Primary PE Premium Government funding, competition is the 5th priority.



Our annual events calendar will be sent to all member schools by the 1st September 2019.

Why not speak to us about the innovative work we are doing with the Youth Sport Trust and Active Derbyshire around the principles of competition and how this approach can have a positive impact on all pupils.

*"With its base in education and its emphasis on improving the lives of young people and their families, **SHAPE** is ideally placed to support schools to meet both the existing and emerging PE, School Sport, Physical Activity and Health Improvement agendas. A new national plan for School Sport was out this month and **SHAPE** is best placed to deliver this new national agenda"*

PHYSICAL ACTIVITY AND HEALTH

Childhood obesity is a pressing issue for Government. The National Child Measurement Programme (NCMP), overseen by Public Health England, collects height and weight measurements of children in reception (aged 4-5 years) and

Year 6 (aged 10-11 years) primarily in state-maintained schools in England. It provides robust data on the number of children in Reception and Year 6 who are underweight, healthy weight, overweight or obese.

- The prevalence of obesity in Primary aged children rose from 9.3 per cent in 2015-16 to 9.6 per cent in 2016-17 and was 9.5% in 2017-18.
- Obesity prevalence is more than **twice as high** among children in year 6 than in reception age children
- **More than one in three children** (34.2 per cent) in **year 6 are either overweight or obese.**
- **Almost one in four children** (22.6 per cent) are **overweight or obese in reception year.**
- **Obesity** prevalence for children living in the most **economically deprived areas is more than double** that of those living in the least deprived areas.
- **Obesity prevalence is higher for boys** in both age groups.
- In Derbyshire the percentage figures for overweight and obese children were as follows:

	2013/14	2014/15	2015/16	2016/17	2017/18
Reception	21.7	21.6	22.2	23.7	23.9
Year 6	30.8	30.8	32.3	32.7	33.0

In August 2016, the government published a response '**Childhood obesity: a plan for action**'. As part of this plan, in July 2018 **OFSTED** reviewed obesity, healthy eating and physical activity in schools and as a result the Government has recently (July 2019) launched their new Healthy Schools Rating Scheme.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/814914/Healthy_schools_rating_scheme.pdf

BECOMING A SHAPE MEMBER SCHOOL

SHAPE Membership of is currently only available to schools who remained partner schools of the old Chesterfield and North East Derbyshire SSPs. This is a capacity issue. The cost of becoming a **SHAPE** member school is dependent on the size of your school. In the future it is hoped to expand the membership offer to all local schools. For full details please contact pryan2@brookfield.derbyshire.sch.uk

THE BORING, BUT ESSENTIAL, BIT ABOUT FUNDING, THE FUTURE AND GOVERNANCE

The area of PE and School Sport is part of an ever-changing political landscape. Mainstream funding for PE and School Sport is part of each school's Dedicated Schools Grant, which is not broken down by subject or curriculum area. How much is spent by each individual school is up to that school and **SHAPE** recognises the continuous need for school improvement and the pressures from other curriculum areas.

From 1997 until 2012 School Sport Partnerships were funded nationally, and centrally in both Chesterfield and North East Derbyshire, to deliver a range of Government policies and strategies in relation to PE and School Sport. In 2012 this funding stopped.

Since 2013-14, all Infant, Junior and Primary Schools have received ring-fenced funding for PE and School Sport directly through the **Primary PE and Sport Premium**. From 2017-18, revenue from the soft drinks industry levy has been used to double the value of this Premium from £160 million to £320 million per annum.



The Premium funding is provided via and by the Department for Education, however the largest funding contribution comes from the Department of Health with a smaller contribution from the Department of Culture, Media and Sport. The current Government has stated that the **£320 million funding will continue to be provided up to the end of the 2019-2020 academic year. Beyond this date the situation is unclear.**

The launch of the Healthy Schools Rating in July 2019, a self-assessment tool designed to help schools improve the health and wellbeing of their pupils, is both a reflection on the source of the Primary PE and Sport Premium funding and of the direction of travel for Government policy. This policy has been reinforced with the Government's long-awaited School Sport Action Plan, published this week.

It is by no means certain that Primary Schools will remain the recipient of health-related funding beyond August 2020 as the impact of the funding distributed via this route appears to be negligible.



Healthy School

As part of all the key national, regional and local networks, **SHAPE** is gearing up to respond to any new policies so that we can support our member schools to meet Government and OFSTED requirements and so that we are prepared to respond to any new arrangements.

In the near future we will be reviewing our governance arrangements including our long-standing relationship with Brookfield School. If you are from a member school, in any capacity, and are interested in being part of these new arrangements, please contact Paul Ryan, the **Partnership Manager** whose details are above.

Have a restful and fantastic summer!

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