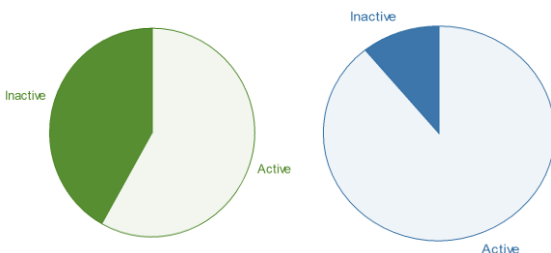


## All about the School

Brockwell Junior School is a two form entry school. The health and well-being of each child is at the heart of everything the school achieves.

## Statistics:

### Charts to show active and inactive



Sept 2019

March 2020

"I have to go home for a rest!"

"I didn't used to like physical activity but now I love it!"

"Being a leader is the most challenging thing I've done."

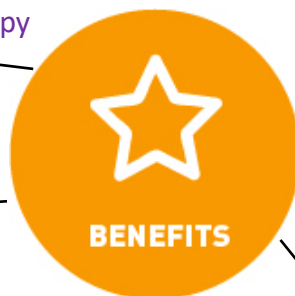


## The Project: Aims

- To develop an effective workforce that can promote, plan and deliver a wide range of physical and health based activities to all.
- To increase participation in physical activity and establish a positive ethos for sport and physical education across the school, primarily targeting the least active.
- To deliver physical activities to Brockwell Infant school to build stronger links and support transition to junior school.

Healthy, active & happy children

Spirit of the Games promoted and established within school



Positive behaviour across the school

Children develop leadership skills

Confident & resilient children



## Sustainability / Impact

- Younger children very keen to become BYAs.
- Older children help train new leaders.
- Physical activity, competitions etc. are embedded within the school year.
- Children are able to employ self-help strategies.
- School values are reinforced with Junior and Infant schools.

## Activities included:

- 15 intra-school competitions including; Boccia, New Age Kurling, sprinting, archery, sitting volleyball
- Launched yoga and mindfulness sessions
- Personal Challenges for all, including: speed stack, keepy uppies, skipping.



## Key Findings

- All children are more active and engaged
- Children are continually trying new sports, with confidence and enthusiasm.
- Children as leaders is embedded within the school.
- Greater participation and interests in after school clubs, festivals and inter-school competitions
- Infant children engaged in physical activity and are learning to play within the Spirit of the Games.



## TOP TIPS

- Introduce new activity in assembly.
- Promote Young Leaders.
- Children apply and interview for a role – choose the right children for the jobs.
- Give children ownership.



## CHALLENGES

- Engaging all pupils
- Small hall
- Time
- Support from others