**The Whole School/Setting Approach to Mental Health and Wellbeing Project**

This project will support the development of a whole school approach to mental health and wellbeing. Schools and settings who are successful in their application will work with a consultant to identify the school/settings strengths and areas for development using a whole school wellbeing mapping tool /RAG rating process. You will work in collaboration to develop a SMART action plan. There will also be a small grant of up to £500 that can support your work.

**Project aims:**

* To have a clear understanding of what a whole school/setting approach to mental health and wellbeing means and includes.
* To support the Mental Health Lead(s) to recognise strengths and areas for development with guidance.
* To write a SMART action plan.
* To help settings understand what is available locally and nationally to support wellbeing.
* To improve outcomes for children and young people.

**What does the project include?**

1. Term 1 will include a one-hour 1:1 meeting to audit your current provision. After this meeting a draft action plan will be developed by the consultant based on what has been discussed. This will be sent for adaptation and consultation.
2. Term 2 will include a one-hour 1:1 catch up meeting to discuss any support required and to discuss progress.
3. Term 3 will include a one-hour 1:1 catch up meeting to discuss what has been achieved, considering areas for further development for year two.
4. A meeting via TEAMS will all schools/settings involved to share practice.

**What is the commitment?**

* At least one member of the SLT will be required to support the leadership of this project.
* A commitment to attend the meetings.
* Support from the school/setting leadership and management team to ensure this is part of a whole school approach for the greatest impact.
* To share what has been learned and achieved with other schools/settings.
* Ready to start the project in January 2022.

**Expression of interest**

**Please fill in the information below if you would like to be involved in this project and return to** [**yvonne.wright@derbyshire.gov.uk**](mailto:yvonne.wright@derbyshire.gov.uk)

**The closing date is December 3rd, 2022.**

**Name of School:**

**Name of Teacher:**

**Responsibility:**

**Contact details:**

Please state very briefly why you would like to be involved:

* Please note that this pilot project has availability for 50 schools so if the number of schools exceeds this number applications will be short listed.