



Derbyshire
Wildlife Trust

NATURE TOTS

For tiny explorers, mighty adventures and learning outdoors



What is 'Nature Tots'?

A unique approach to early years playgroups, embracing a distinctive pre-school experience that immerses children aged 0-5 in nature's wonders. Created to inspire a shift from plastic toys to outdoor learning, where fun knows no bounds. With activities encompassing interactive outdoor sensory experiences, imaginative role-play, crafting with natural materials, and captivating stories inspired by wildlife.

How do children benefit?

Nature Tots offers a multitude of benefits including; holistic development, fostering physical, emotional, social, and cognitive growth, while nurturing environmental awareness, curiosity, and well-being. It stimulates critical thinking through outdoor play, encourages collaboration, resilience, creativity, and physical fitness, all while instilling skills, values, and a positive mindset. A journey that connects young ones with nature and prepares them for a dynamic future.



So you want to start a group?

Do you have a group of tots who love being outdoors? Whether you're an early years practitioner, a local playgroup or simply want to get your children exploring nature, we are here to help! Embedding a Nature Tots group into your current provision might seem like a daunting task, but we are here to help support you with all the training and resources you might need to begin your journey into outdoor learning and play.



It's time to train you up!

We will provide you with the training you need to get your very own Nature Tots sessions running, through our 'Inspiring a Nature Connection in the Early Years' course. You'll also get support and guidance, with access to resources such as our 'Nature Tots Tool Kit', to help you set up. There will be opportunity for you to connect with our online networks, so you can share ideas and resources with other Nature Tots groups across Derbyshire.



FOR MORE INFORMATION VISIT

www.derbyshirewildlifetrust.org.uk/wilderlearning
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